Figure 1

p<0.01 LF *vs.* HF Groups
With *vs.* Without ns

Figure 2

Each group contained 10-11 animals, error bars represent the Standard Deviation.
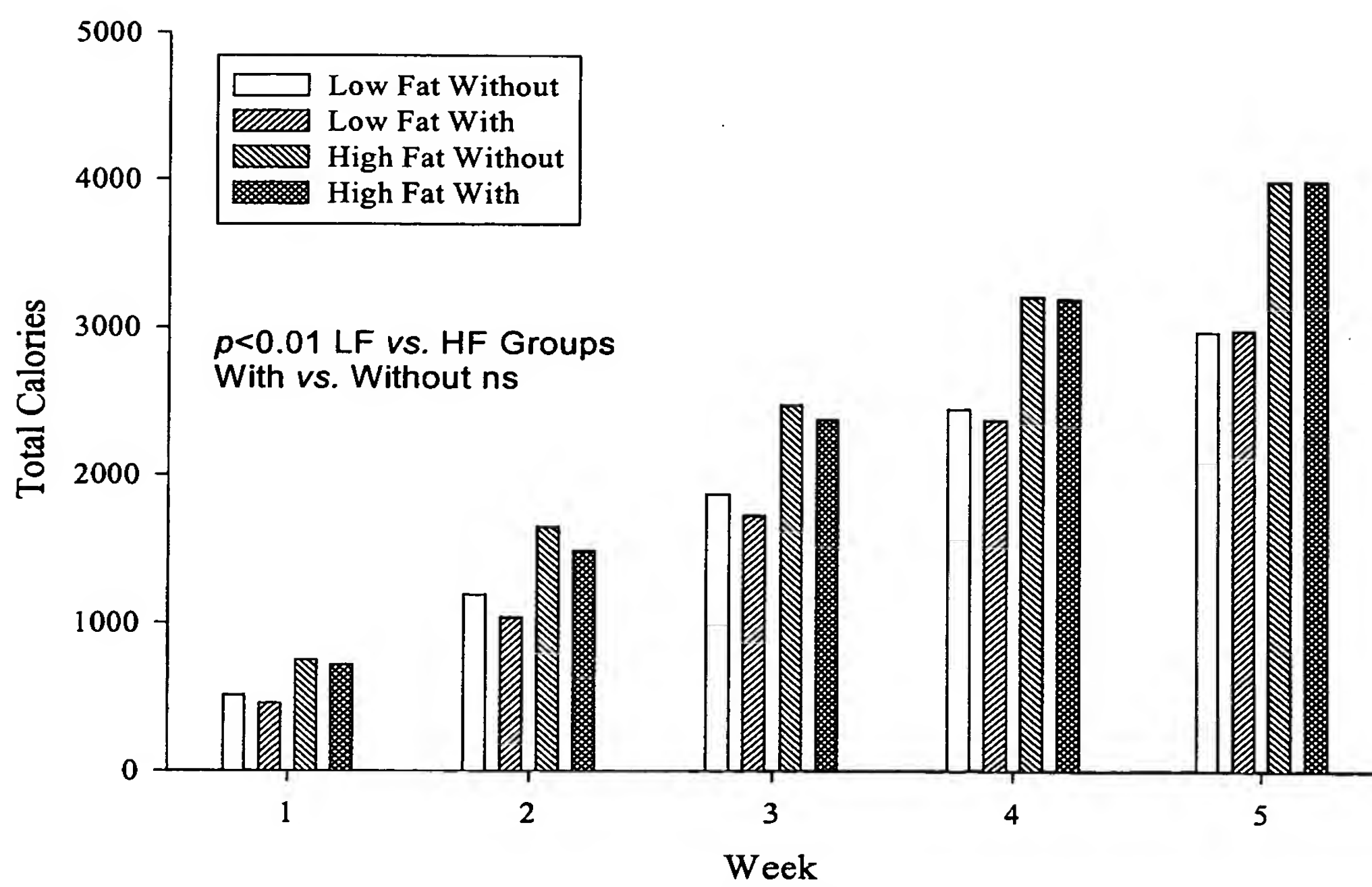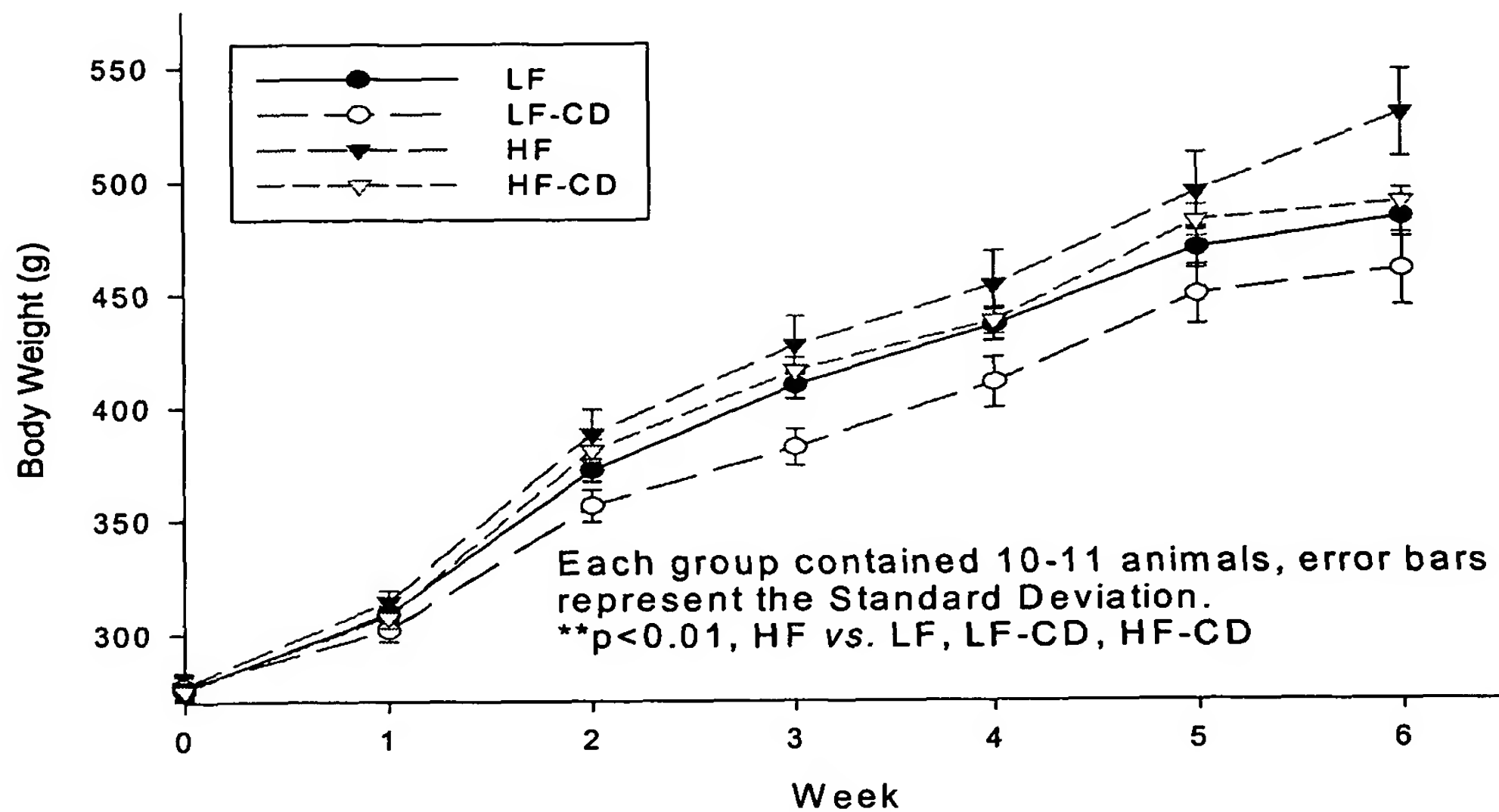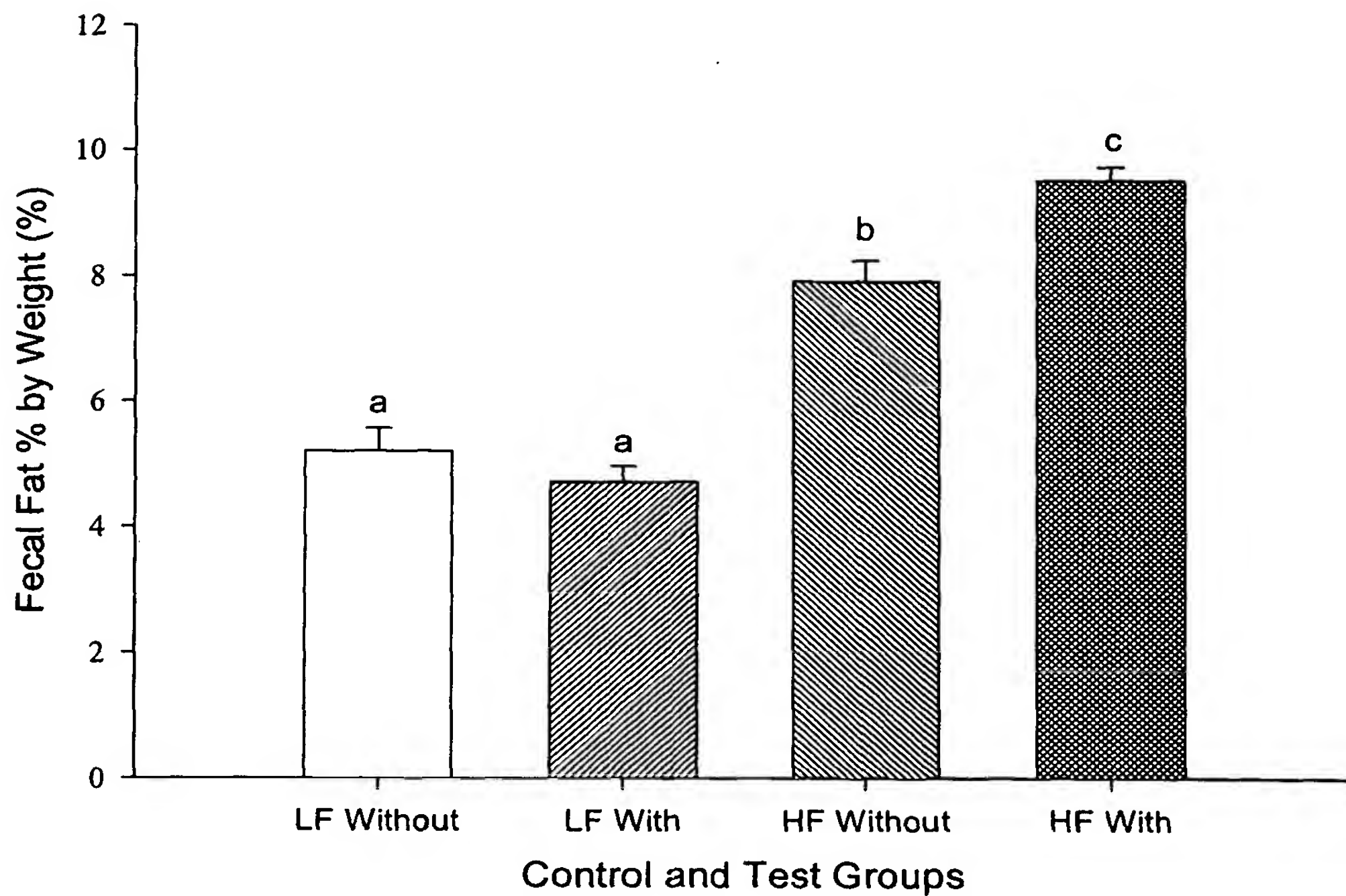**$p < 0.01$, HF *vs.* LF, LF-CD, HF-CD

Figure 3

Groups sharing a common superscript are not significantly different

Figure 4

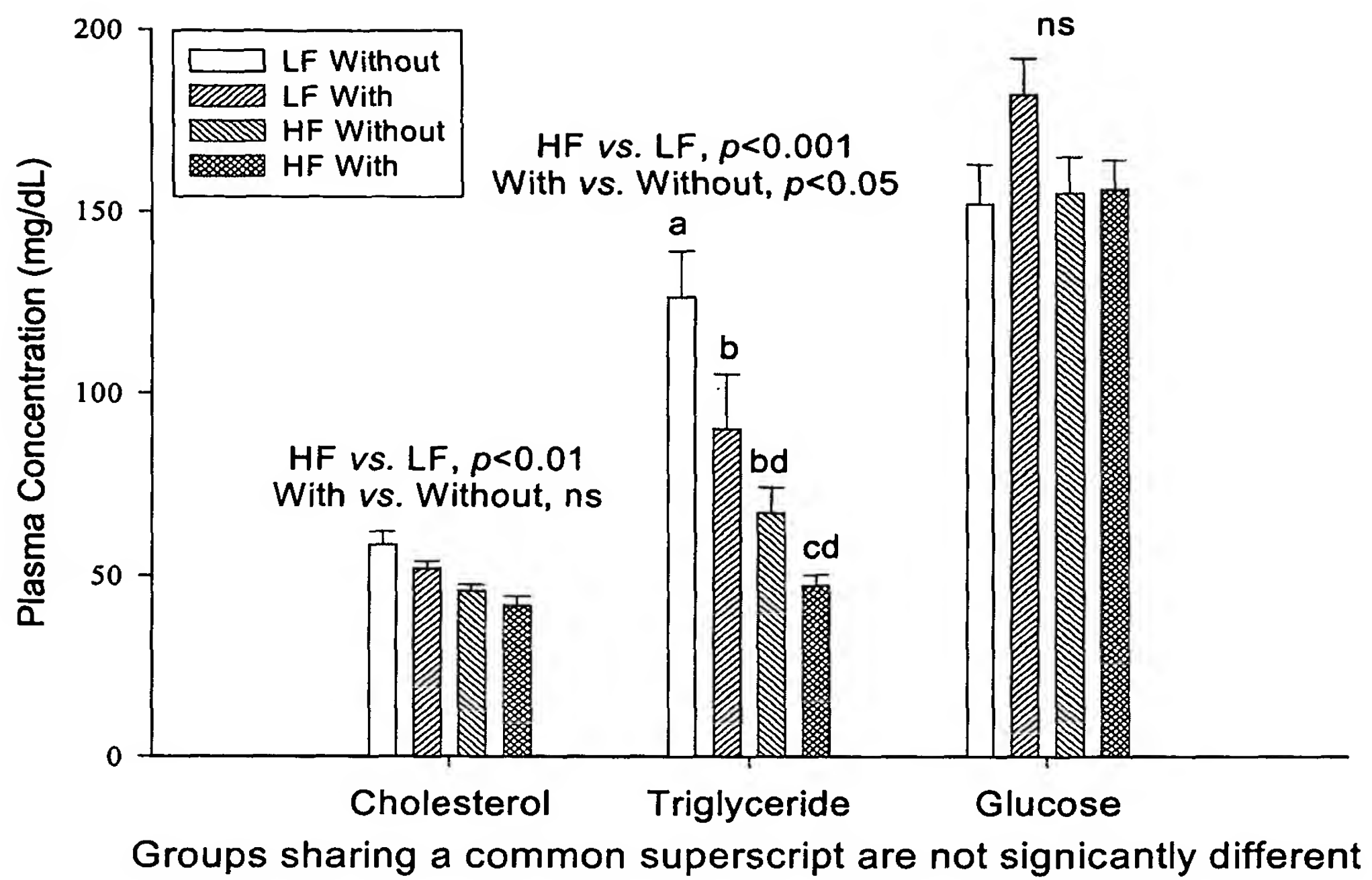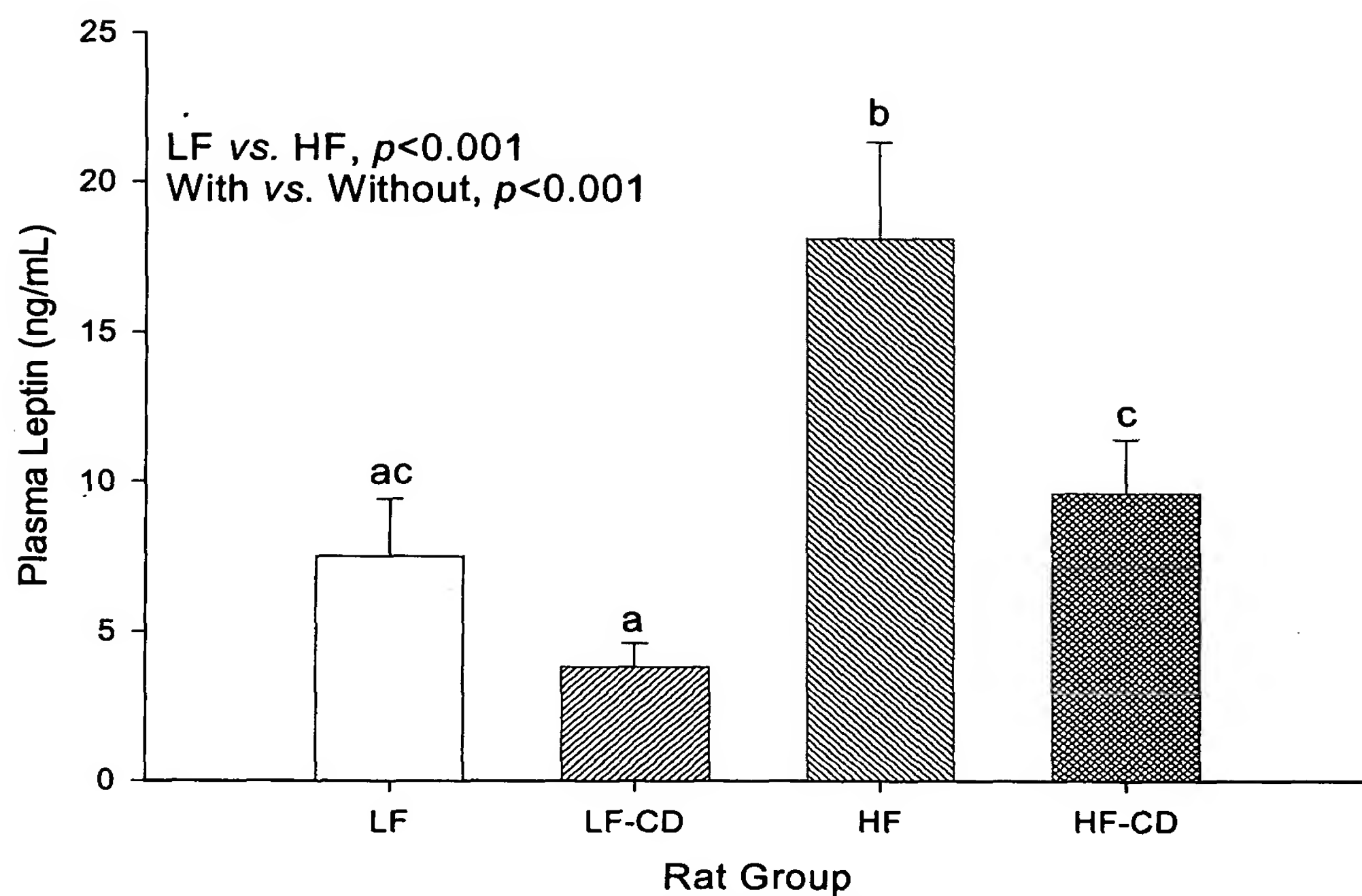**Figure 5**

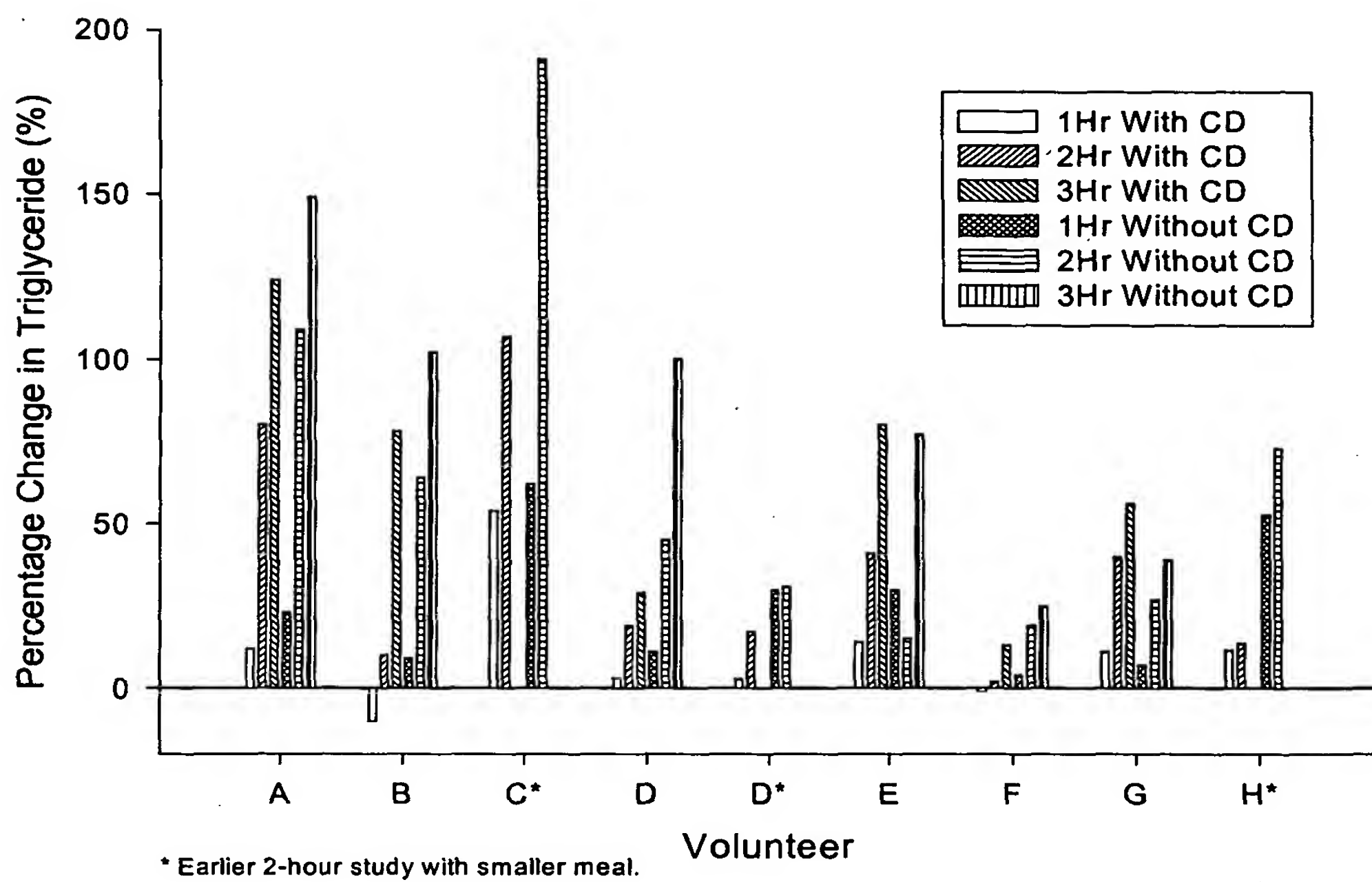Groups sharing a common superscript are not significantly different

Figure 6

Figure 7

* Earlier 2-hour study with smaller meal.

5'7" Male, 50 y/o
Eats moderate amounts but high fat diet.
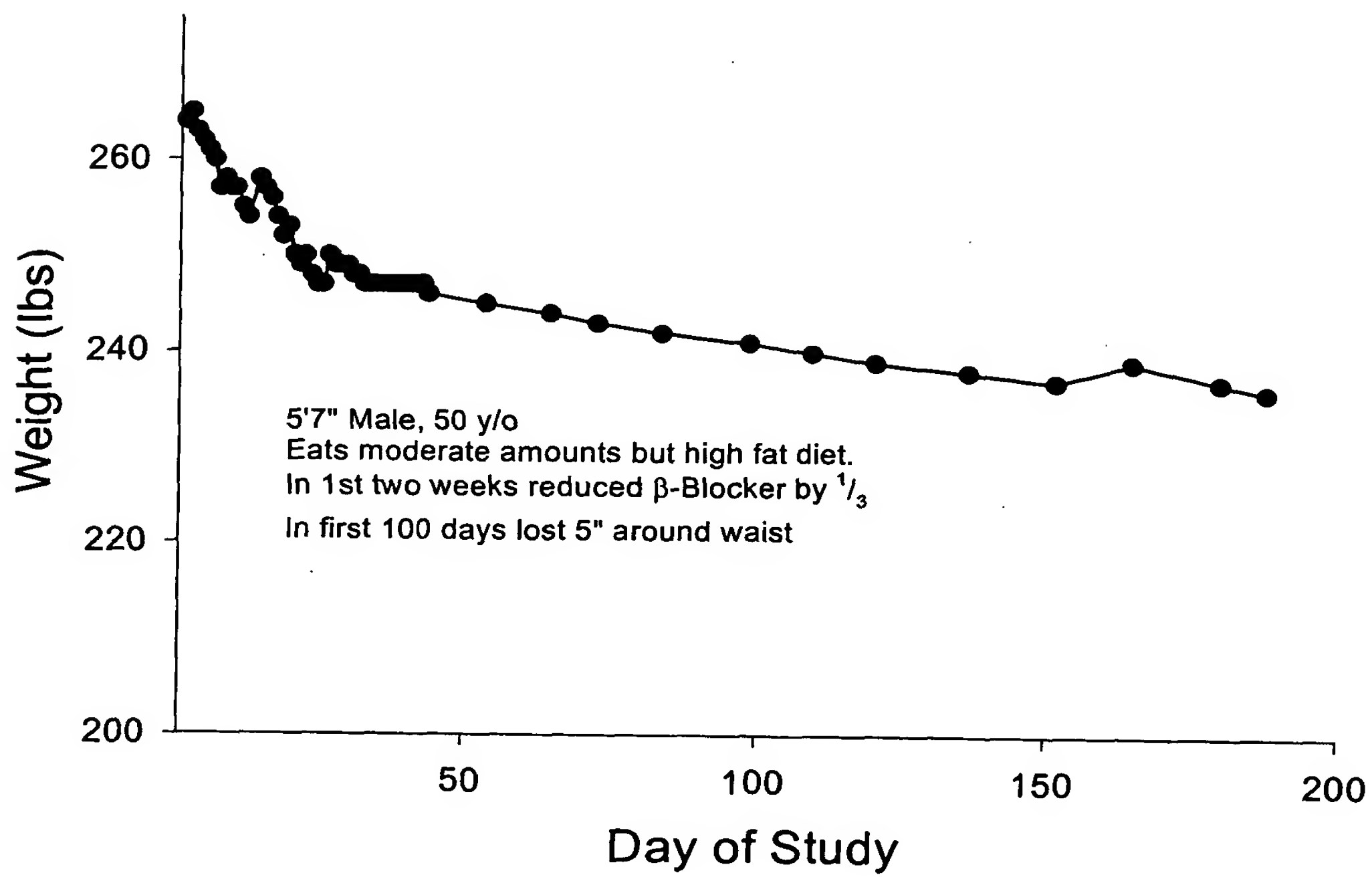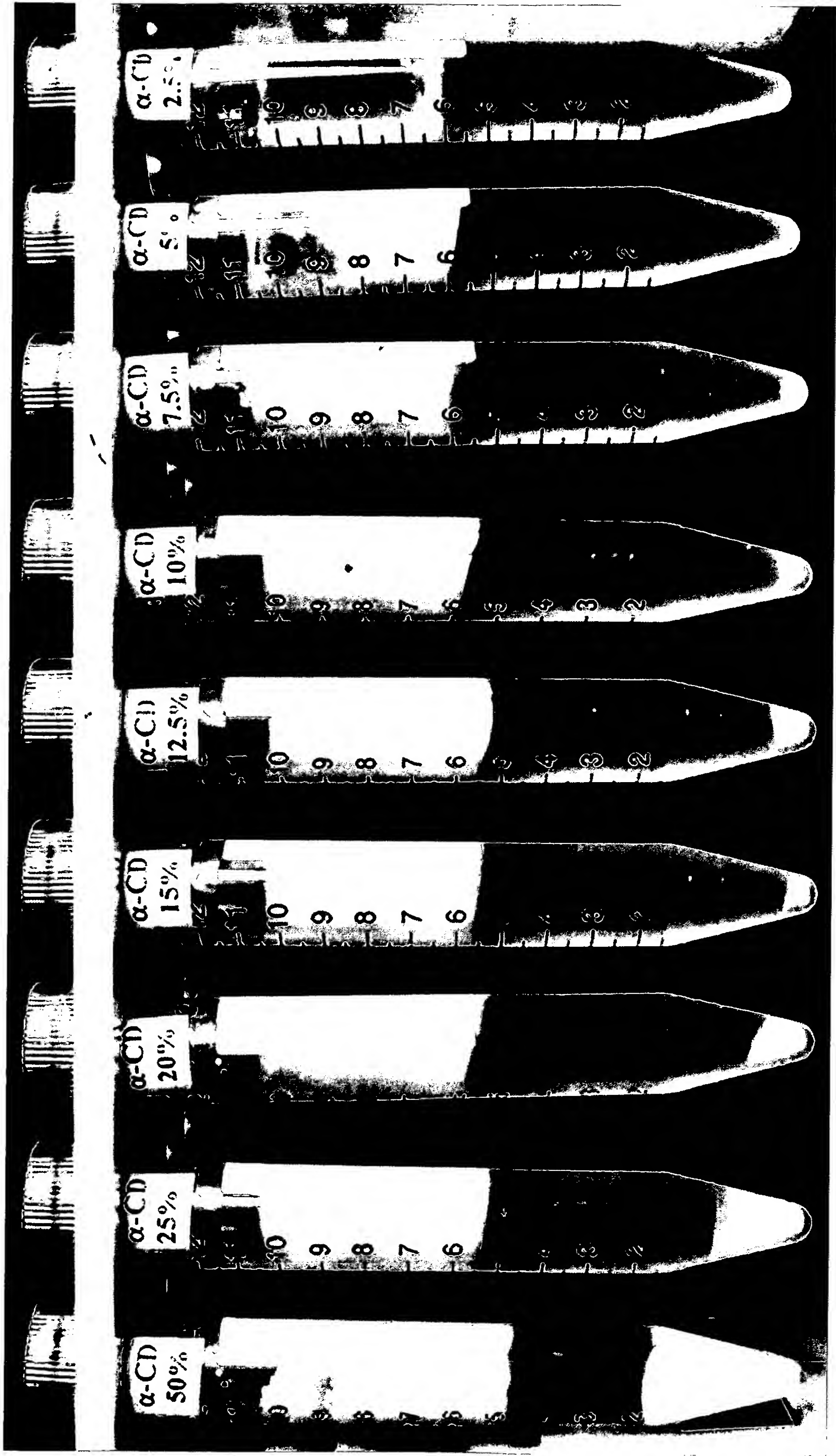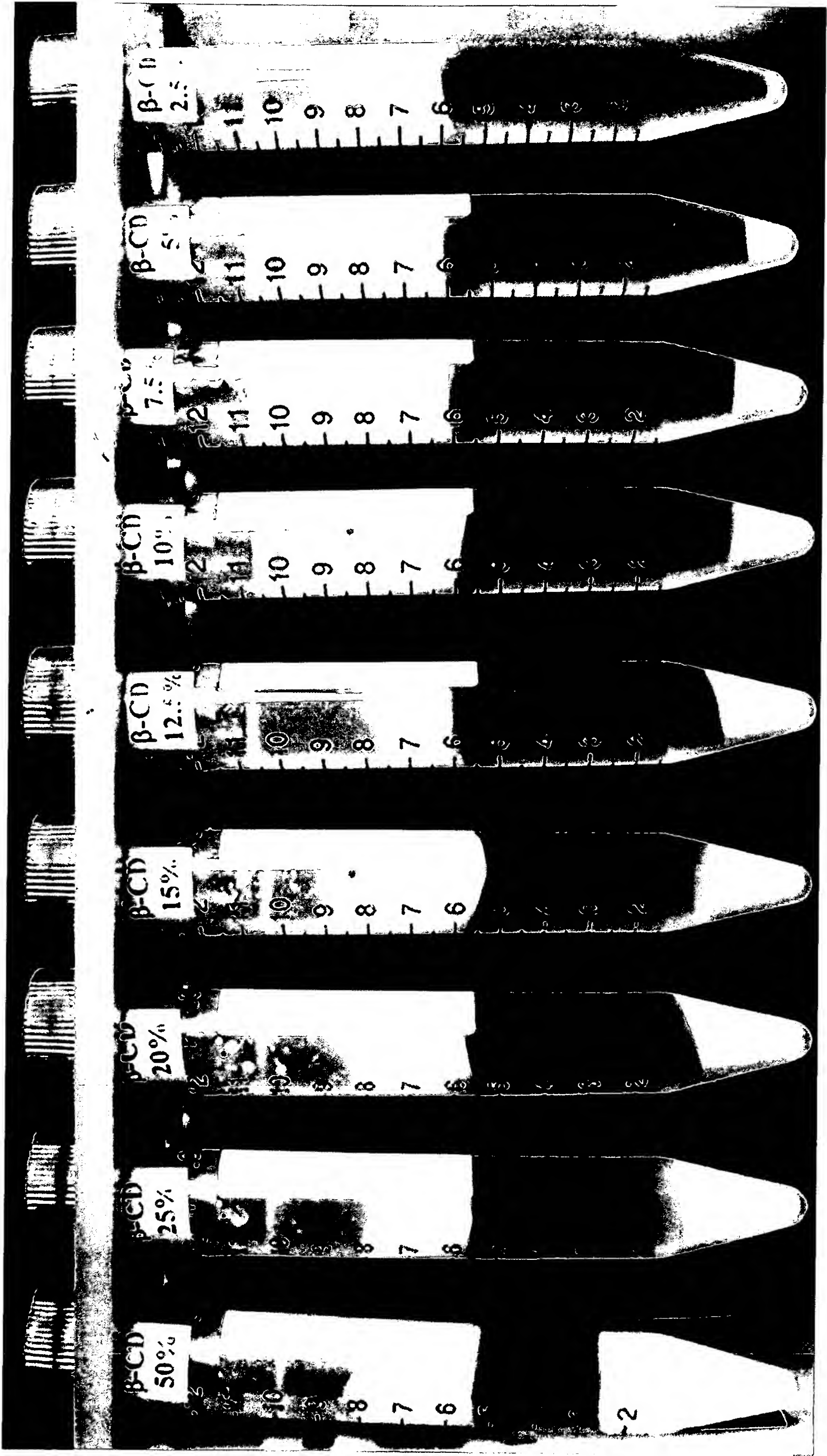In 1st two weeks reduced β-Blocker by $^1/_3$
In first 100 days lost 5" around waist

Figure 8

Figure 9A

Figure 9B

Figure 9C